



Bedfordshire Road Cycling Club F1B/10 Open 10 Mile Time Trial

Sunday 4 June 2023 0700h

Promoted for and on behalf of Cycling Time Trials
under its rules and regulations

Event is approved by CTT London North District Committee
and Bedfordshire Police Authority has been informed.

Event Secretary

Mr Nick Hickman, 106 Mill Road, Stanford, Biggleswade, SG18 9JQ
Tel. 07763 656251 (mobile)

Event Headquarters

Stuart Memorial Hall, Church Street, Tempsford, Sandy, SG19 2AW
(motor access is from street through the village, not directly from A1)

The Hall will be open from 0600h. We must vacate the Hall by 1100h. Please
note that no shoe plates are to be worn within the hall, and no oils to be applied
in the hall.

Timekeepers

Mr Michael Bannister (Principal), and Mr Mark Gray (Assistant)

Local Regulations and Instructions

No.1. No U turns should be made in sight of the start or finish areas while riding
on the public highway.

No.3. No cars other than that of the timekeeper(s) and other event officials are
to be parked in the vicinity of the start or finish points.

No.4. Due to complaints from residents of Tempsford village; you **MUST** park
away from houses. No parking south of the Wheatsheaf public house.

Absolutely no parking on any part of the course, at any time.

NO WARMING UP ON STATION ROAD, Tempsford, 700 yards north of start
point.

You are reminded to ride on the Left-Hand Side of the road except for safe
overtaking, in accordance with CTT Regulation 20.

To reach start from HQ, go south through Tempsford then left over the bridge
over the A1 and onto the B1043 northbound.

The suggested route back to HQ is via a footpath, 300 yards after finish that
leads onto Tempsford village road.

Any infringement of these regulations / instructions will result in disciplinary
action and probable disqualification.

Course details F1B/10 (see map: www.plotaroute.com/route/357527)

The course will be minimally signed (aside from Event Warning Signs to alert
other road users, as required by the Course Risk Assessment). It is not
expected to be marshalled. The onus is on you to negotiate the course correctly
and safely.

In brief it is **very simple** – join the A1, go straight through the Sandy RAB, turn
at the Biggleswade North (Sainsburys) RAB, through the Sandy RAB again and
keep going to the Finish Line (and 300 yds past it – use the foot path alongside
the A1 to get back to Tempsford village road and the HQ).

START (GR163527) on B1043, approx. 300 yards north of Tempsford
flyover, 195 yards north of lamp-post 21 and 5 yards north of
the 7th drain north of lamp-post 21. [This is the 3rd drain
south of gateway and 100 yards south of kerb start].

Proceed south, straight on at 1st mini-RAB to join A1 (care) and
continue over Sandy RAB to:-

TURN (5.16 miles) at North Biggleswade RAB (Warden Lane), retrace
A1 northbound, continue over Sandy RAB to:-

FINISH (GR163523) at clearway sign on **EXIT of Blunham Road to
A1**, 200 yards before (i.e. south of) Tempsford flyover.

**NOTE: RIDERS STAY ON THE A1 FOR THE FINISH FOR THIS
COURSE.**

Reminder: NO HELMET and LIGHTS (front and rear) – NO RIDE!



Prizes: £17 to be awarded for fastest in each **Spindata** TT bike
category (A-E); and for fastest road bike entries (Men &
Women); to be paid via BACS. See spindata.co.uk for more
information on its rider categories. There must be more than one
in a prize class for an award to be made.



Results

Provisional results should be on-line soon after the event at
resultsheet.co.uk/events .